

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like **COVID-19**



Practice social distancing



Avoid close contact with people who are sick



Wash your hands often with soap and water for at least 20 seconds



Clean and disinfect frequently touched objects and surfaces



Avoid touching your eyes, nose, and mouth



Cover your cough or sneeze with a tissue, then throw the tissue in the trash



Stay home when you are sick, except to get medical care

agriculture.arkansas.gov/covid-19

healthy.arkansas.gov/programs-services/topics/novel-coronavirus



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